

29/04/2025

Newsletter 1



**SCREENWISE**

the wise use of screens and digital services

# NEWSLETTER

**SCREENWISE**



## A New Chapter Begins: ScreenWise Has Officially Launched!

We are thrilled to announce the official launch of the Erasmus+ KA210-ADU project “ScreenWise: Guiding Families Towards Healthier Digital Behaviours.” Running from April 1, 2025 to March 31, 2026, this initiative brings together expert organisations from Germany (Falken Bildungs- und Freizeitwerk Hagen e.V.), Türkiye (IYSEDA), Poland (Fundacja Ornament), and Slovenia (LIFE4YOU).



## Why ScreenWise?

Digital overuse among parents—especially those in rural or socio-economically disadvantaged areas—has become a pressing challenge. Poor screen habits often affect family dynamics and children’s emotional development. ScreenWise aims to tackle this by empowering educators and supporting parents in creating balanced, healthier digital environments at home.

Our mission is to:

- Train adult educators to support parents with non-toxic, mindful parenting techniques
- Provide parents with practical tools to manage screen time and reduce stress
- Improve access to quality adult education and inclusive learning resources
- Pilot and refine digital parenting curricula across Europe



ScreenWise-EU



screenwise.eu



ScreenWise



## What To Expect?

- Development of an evidence-based training program;
- Learning activities for educators across partner countries;
- Multilingual resources tailored to diverse needs;
- Local events, mentoring initiatives, and real-life pilot testing;

## Who Will Benefit?

This project supports:

- Parents struggling with screen management, emotional stress, or isolation.
- Adult educators working with parents and community members.
- Children and families who will thrive from healthier household digital habits.

## A European Effort

With transnational cooperation at its core, ScreenWise draws on varied expertise—from digital literacy and psychology to community outreach and non-formal education—to co-create practical solutions that are scalable and culturally adaptable.

### ***Stay connected!***

We will keep updating insights, results, and opportunities to get involved throughout the project.

Together, let's make digital life healthier—one family at a time.

Follow us on our upcoming social media channels and the Erasmus+ Project Results Platform.

